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13<sup>th</sup> June 2024

## Social Media Parent Workshop-Thursday 27<sup>th</sup> June

Are you confident you know what to look for to keep your child safe online?

Social media is the future of communication and is available to all our children on many different devices. However, it is vital that we know all possible risks and what to look for to ensure we are keeping our children safe.

On <u>Thursday 27<sup>th</sup> June</u>, Chloe Hand from the Reflexions Team (NHS) will be holding a parent workshop from 2pm. The session will last for one hour and is for all parents from Nursery to year 6.

The social media parent workshop will cover the following:

- What social media is and different types of social media
- The advantages and disadvantages of children using social media
- How social media can affect children's mental health
- How parents/carers can encourage children to make positive choices when engaging with social media to promote positive mental health

We hope to see many parents attending this workshop. Please come to the school office at 2pm for the workshop which will take place in the hall.

Yours sincerely,

Mrs Andrews

Deputy Headteacher and Deputy Online Safety Lead